

FOUNTAIN PARK RECREATION CENTRE

Winter 2012 Lane Swim Schedule

JANUARY 3 TO MARCH 25, 2012

| TIME AM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|--------------|--------|---------|-----------|----------|--------|----------|--------|
| 5:30 - 6 | 8 | 8 | 8 | 8 | 8 | | |
| 6 - 6:30 | 4 | 8 | 4 | 8 | 4 | 8 | |
| 6:30 - 7 | 4 | 8 | 4 | 8 | 4 | 8 | |
| 7 - 7:30 | 8 | 8 | 8 | 8 | 8 | 5 | 8 |
| 7:30 - 8 | 8 | 8 | 8 | 8 | 8 | 5 | 8 |
| 8 - 8:30 | 8 | 5 | 8 | 5 | 8 | 5 | 8 |
| 8:30 - 9 | 8 | 5 | 8 | 5 | 8 | 5 | 8 |
| 9 - 9:30 | 8 | 8 | 8 | 8 | 8 | 1 | 3 |
| 9:30 - 10 | 2 | 2 | 2 | 2 | 2 | 1 | 3 |
| 10 - 10:30 | 2 | 2 | 2 | 2 | 2 | 3 | 5 |
| 10:30 - 11 | 5 | 5 | 5 | 5 | 5 | 3 | 5 |
| 11 - 11:30 | 5 | 5 | 5 | 5 | 5 | 3 | 5 |
| 11:30 - Noon | 8 | 8 | 8 | 8 | 8 | 3 | 5 |
| TIME PM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| Noon - 12:30 | 8 | 8 | 8 | 8 | 8 | 2 | 2 |
| 12:30 - 1 | 5 | 5 | 5 | 5 | 5 | 2 | 2 |
| 1 - 1:30 | 5 | 5 | 5 | 5 | 5 | 8 | 5 |
| 1:30 - 2 | 4 | 4 | 4 | 4 | 4 | 7 | 4 |
| 2 - 2:30 | 5 | 5 | 5 | 5 | 5 | 8 | 3 |
| 2:30 - 3 | 5 | 5 | 5 | 5 | 5 | 8 | 3 |
| 3 - 3:30 | 8 | 8 | 8 | 8 | 8 | 8 | 3 |
| 3:30 - 4 | 8 | 8 | 8 | 8 | 8 | 8 | 3 |
| 4 - 4:30 | 1 | 1 | 1 | 1 | 1 | 8 | 3 |
| 4:30 - 5 | 1 | 1 | 1 | 1 | 1 | 8 | 3 |
| 5 - 5:30 | 1 | 1 | 1 | 1 | 1 | 3 | 3 |
| 5:30 - 6 | 3 | 1 | 1 | 1 | 4 | 3 | 3 |
| 6 - 6:30 | 1 | 1 | 1 | 1 | 4 | 3 | 8 |
| 6:30 - 7 | 1 | 1 | 1 | 1 | 4 | 3 | 4 |
| 7 - 7:30 | 3 | 5 | 5 | 5 | 8 | 8 | 4 |
| 7:30 - 8 | 3 | 5 | 5 | 5 | 8 | 8 | 4 |
| 8 - 8:30 | 3 | 1 | 3 | 1 | 3 | 8 | 8 |
| 8:30 - 9 | 3 | 1 | 3 | 1 | 3 | | |
| 9 - 9:30 | 3 | 8 | 3 | 8 | | | |
| 9:30 - 10 | 3 | 8 | 3 | 8 | | | |

Schedule is subject to change without notice.



Cultivate the *Swimmer* in you